



St. Andrew's Episcopal Church

Hanover, MA 02339

1725 ✝ 2025

Centered in God. Focused on Others.

Bedeviled

First Sunday of Lent

Sunday, February 22, 2026, 9:30 a.m.

17 Church Street, Hanover, MA 02339
(781) 826-2062 www.standrewshanover.org

THE LITURGY OF THE WORD

PENITENTIAL ORDER

We begin our worship as a gathered community by praising God in song.

HYMN AT THE PROCESSION *Lord, who throughout these forty days (H 142)*

The musical score is written for a four-part choir (Soprano, Alto, Tenor, Bass) and piano accompaniment. It consists of two systems of music. The first system covers the first five verses of the hymn, and the second system covers the remaining five verses. The lyrics are printed below the vocal staves, with line numbers 1 through 5 indicating the start of each verse. The piano accompaniment is shown in the bass clef staves.

1 Lord, who through-out these for - ty days for us didst fast and pray,
2 As thou with Sa - tan didst con - tend, and didst the vic - tory win,
3 As thou didst hun - ger bear and thirst, so teach us, gra - cious Lord,
4 And through these days of pen - i - tence, and through thy Pas - sion - tide,
5 A - bide with us, that so, this life of suf - fer - ing o - ver - past,

1 teach us with thee to mourn our sins, and close by thee to stay.
2 O give us strength in thee to fight, in thee to con - quer sin.
3 to die to self, and chief - ly live by thy most ho - ly word.
4 yea, ev - er - more, in life and death, Je - sus! with us a - bide.
5 an Eas - ter of un - end - ing joy we may at - tain at last!

OPENING ACCLAMATION

Celebrant: Bless the Lord who forgives all our sins.

People: His mercy endures forever.

DECALOGUE

Hear the commandments of God to his people:

I am the Lord your God who brought you out of bondage.

You shall have no other gods but me.

Amen. Lord have mercy.

You shall not make for yourself any idol.

Amen. Lord have mercy.

You shall not invoke with malice the Name of the Lord your God.

Amen. Lord have mercy.

Remember the Sabbath Day and keep it holy.

Amen. Lord have mercy.

Honor your father and your mother.

Amen. Lord have mercy.

You shall not commit murder.

Amen. Lord have mercy.

You shall not commit adultery.

Amen. Lord have mercy.

You shall not steal.

Amen. Lord have mercy.

You shall not be a false witness.

Amen. Lord have mercy.

You shall not covet anything that belongs to your neighbor.

Amen. Lord have mercy.

CONFESSION OF SIN

Let us confess our sins against God and our neighbor.

Most merciful God,

we confess that we have sinned against you

in thought, word, and deed,

by what we have done,

and by what we have left undone.

We have not loved you with our whole heart;

we have not loved our neighbors as ourselves.

We are truly sorry and we humbly repent.

For the sake of your Son Jesus Christ,

have mercy on us and forgive us;

that we may delight in your will,

and walk in your ways,

to the glory of your Name. Amen.

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

KYRIE *Lord, Have Mercy* (LEVAS 237)

sung three times

Lord, have — mer - cy, Christ, have — mer - cy.

Lord, have — mer - cy, have mer - cy, O Lord.

The musical score is written for two staves, Treble and Bass clef, in G major (one sharp) and 6/8 time. The melody is simple and hymn-like, with lyrics written below the notes. The first system covers the first line of lyrics, and the second system covers the second line. The piece concludes with a double bar line.

COLLECT FOR THE FIRST SUNDAY OF LENT

Celebrant: The Lord be with you.

People: And also with you.

Celebrant: Let us pray, saying together

Almighty God, whose blessed Son was led by the Spirit to be tempted by Satan: Come quickly to help us who are assaulted by many temptations; and, as you know the weaknesses of each of us, let each one find you mighty to save; through Jesus Christ your Son our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. Amen.

THE WORD OF GOD

THE FIRST LESSON

This reading is typically from the Old Testament (Hebrew Scriptures) which Jesus knew and from which he often referred or quoted.

Genesis 2:15-17; 3:1-7

A Reading from the book of Genesis.

The Lord God took the man and put him in the garden of Eden to till it and keep it. And the Lord God commanded the man, "You may freely eat of every

tree of the garden; but of the tree of the knowledge of good and evil you shall not eat, for in the day that you eat of it you shall die.”

Now the serpent was more crafty than any other wild animal that the Lord God had made. He said to the woman, “Did God say, ‘You shall not eat from any tree in the garden?’” The woman said to the serpent, “We may eat of the fruit of the trees in the garden; but God said, ‘You shall not eat of the fruit of the tree that is in the middle of the garden, nor shall you touch it, or you shall die.’” But the serpent said to the woman, “You will not die; for God knows that when you eat of it your eyes will be opened, and you will be like God, knowing good and evil.” So when the woman saw that the tree was good for food, and that it was a delight to the eyes, and that the tree was to be desired to make one wise, she took of its fruit and ate; and she also gave some to her husband, who was with her, and he ate. Then the eyes of both were opened, and they knew that they were naked; and they sewed fig leaves together and made loincloths for themselves.

Reader: Hear what the spirit is saying to God’s people.

People: Thanks be to God.

THE PSALM

The psalms/canticles are prayers that Jesus used and express the full range of emotion and humanity’s relationship with God and one another.

Psalm 32

Read responsively.

Happy are they whose transgressions are forgiven, and whose sin is put away!

Happy are they to whom the LORD imputes no guilt, and in whose spirit there is no guile!

While I held my tongue, my bones withered away, because of my groaning all day long.

For your hand was heavy upon me day and night; my moisture was dried up as in the heat of summer.

Then I acknowledged my sin to you, and did not conceal my guilt.

I said, “I will confess my transgressions to the LORD.” Then you forgave me the guilt of my sin.

Therefore all the faithful will make their prayers to you in time of trouble; when the great waters overflow, they shall not reach them.

You are my hiding-place; you preserve me from trouble; you surround me with shouts of deliverance.

"I will instruct you and teach you in the way that you should go; I will guide you with my eye.

Do not be like horse or mule, which have no understanding; who must be fitted with bit and bridle, or else they will not stay near you."

Great are the tribulations of the wicked; but mercy embraces those who trust in the LORD.

Be glad, you righteous, and rejoice in the LORD; shout for joy, all who are true of heart.

THE SECOND LESSON

This reading is usually a letter, or epistle, to the early Church, the Acts of the Apostles, or the Revelation to John.

Romans 5:12-19

A Reading from Paul's letter to the Church in Rome.

As sin came into the world through one man, and death came through sin, and so death spread to all because all have sinned-- sin was indeed in the world before the law, but sin is not reckoned when there is no law. Yet death exercised dominion from Adam to Moses, even over those whose sins were not like the transgression of Adam, who is a type of the one who was to come.

But the free gift is not like the trespass. For if the many died through the one man's trespass, much more surely have the grace of God and the free gift in the grace of the one man, Jesus Christ, abounded for the many. And the free gift is not like the effect of the one man's sin. For the judgment following one trespass brought condemnation, but the free gift following many trespasses brings justification. If, because of the one man's trespass, death exercised dominion through that one, much more surely will those who receive the abundance of grace and the free gift of righteousness exercise dominion in life through the one man, Jesus Christ.

Therefore just as one man's trespass led to condemnation for all, so one man's act of righteousness leads to justification and life for all. For just as by

the one man's disobedience the many were made sinners, so by the one man's obedience the many will be made righteous.

Reader: Hear what the spirit is saying to God's people.

People: Thanks be to God.

The sequence hymn moves us toward the summit of the Liturgy of the Word—the reading of the Holy Gospel. Gospel means “good news”—specifically the “good news of Jesus.”

HYMN AT THE SEQUENCE *O love, how deep, how broad, how high (H 448)*



1 O love, how deep, how broad, how high, how pass - ing
2 For us bap - tized, for us he bore his ho - ly
3 For us he prayed; for us he taught; for us his
4 For us to wick - ed hands be - trayed, scourged, mocked, in
5 For us he rose from death a - gain; for us he
6 All glo - ry to our Lord and God for love so



1 thought and fan - ta - sy, that God, the Son of
2 fast and hun - gered sore; for us temp - ta - tions
3 dai - ly works he wrought: by words and signs and
4 pur - ple robe ar - rayed, he bore the shame - ful
5 went on high to reign; for us he sent his
6 deep, so high, so broad; the Trin - i - ty whom



1 God, should take our mor - tal form for mor - tals' sake.
2 sharp he knew; for us the tempt - er ov - er - threw.
3 ac - tions, thus still seek - ing not him - self, but us.
4 cross and death; for us gave up his dy - ing breath.
5 Spi - rit here to guide, to strength - en, and to cheer.
6 we a - dore for ev - er and for ev - er - more.

THE GOSPEL

Gospel: Matthew 4:1-11

Celebrant: The Holy Gospel of our Lord Jesus Christ according to Matthew.

People: Glory to you, Lord Christ.

Jesus was led up by the Spirit into the wilderness to be tempted by the devil. He fasted forty days and forty nights, and afterwards he was

famished. The tempter came and said to him, "If you are the Son of God, command these stones to become loaves of bread." But he answered, "It is written,

'One does not live by bread alone,
but by every word that comes from the mouth of God.'"

Then the devil took him to the holy city and placed him on the pinnacle of the temple, saying to him, "If you are the Son of God, throw yourself down; for it is written,

'He will command his angels concerning you,'
and 'On their hands they will bear you up,
so that you will not dash your foot against a stone.'"

Jesus said to him, "Again it is written, 'Do not put the Lord your God to the test.'"

Again, the devil took him to a very high mountain and showed him all the kingdoms of the world and their splendor; and he said to him, "All these I will give you, if you will fall down and worship me." Jesus said to him, "Away with you, Satan! for it is written,

'Worship the Lord your God,
and serve only him.'"

Then the devil left him, and suddenly angels came and waited on him.

Celebrant: The Gospel of the Lord.

People: Praise to you, Lord Christ.

THE SERMON The Reverend Amy Whitcomb Slemmer, Esq.

The sermon directly follows the Gospel because it is to be grounded in the scriptures. It illuminates the scriptural readings and relates them to daily life.

SILENT REFLECTION

AFFIRMATION OF FAITH

Nicene Creed

The word "creed" comes from the Latin "credo" for "I believe." The Nicene Creed reflects what Christians believe regarding the relationship between the Father, Jesus and the Holy Spirit: The Holy Trinity.

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father; through him all things were made. For us and for our salvation he came down from heaven, was incarnate of the Holy Spirit and the Virgin Mary and became truly human. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father, who with the Father and the Son is worshiped and glorified, who has spoken through the prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

THE PRAYERS OF THE PEOPLE

For those who lead and guide the Episcopal Church including Julia our bishop and Sean our presiding Bishop; for loving care, we pray to you, O Lord:
God ever faithful, God ever merciful, God of your people, hear our prayer.

For faithful witness, fellowship in love; for living hope, we pray to you, O Lord:
God ever faithful, God ever merciful, God of your people, hear our prayer.

For Donald our President, Maura our Governor, Joe our Town Manager, for the leaders of all nations, and for all in authority, we pray that wisdom and kindness prevail, we pray to you, O Lord:
God ever faithful, God ever merciful, God of your people, hear our prayer.

For those who seek and serve the common good; that justice reign, we pray to you, O Lord:
God ever faithful, God ever merciful, God of your people, hear our prayer.

For neighbors' needs, for shelter from storms; for homes of peace, we pray to you, O Lord:

God ever faithful, God ever merciful, God of your people, hear our prayer.

For those who hunger, who thirst, who cry out for justice, for the unemployed and the destitute; we pray to you, O Lord:

God ever faithful, God ever merciful, God of your people, hear our prayer.

For those in sorrow, anguish, and despair; that they find hope, we pray to you, O Lord:

God ever faithful, God ever merciful, God of your people, hear our prayer.

For those oppressed, those who live in fear, those who live under the threat of terror; we pray to you, O Lord:

God ever faithful, God ever merciful, God of your people, hear our prayer.

For all the sick, the suffering, the dying, and the dead, be life and grace, we pray to you, O Lord:

God ever faithful, God ever merciful, God of your people, hear our prayer.

For the aged and infirm, for the widowed and orphans, and for all who remember and care for them, we pray to you, O Lord:

God ever faithful, God ever merciful, God of your people, hear our prayer.

For the Churches of the Cape & Islands Deanery: St. Mary's Church, Barnstable; St. Peter's-on-the-Canal, Buzzards Bay; St. Paul's Church, Nantucket; and the Congregations: Wardens, Treasurers & Clerks, we pray to you, O Lord:

God ever faithful, God ever merciful, God of your people, hear our prayer.

For all the dreams held deep within our hearts; for all our needs, we pray to you, O Lord:

God ever faithful, God ever merciful, God of your people, hear our prayer.

That we might live in peace from day to day; that wars will cease, we pray to you, O Lord:

God ever faithful, God ever merciful, God of your people, hear our prayer.

That we may stay faithful, open to your Word; your Kingdom come! We pray to you, O Lord:

God ever faithful, God ever merciful, God of your people, hear our prayer.

Entrusting all we are into your hands, we call your name, and pray to you, O Lord:

God ever faithful, God ever merciful, God of your people, hear our prayer.

Celebrant:

Fill us with your strength to resist the seductions of our foolish desires and the tempter's vain delights, that we may walk in obedience and righteousness, rejoicing in you with an upright heart. **Amen.**

THE PEACE

Celebrant: The peace of Christ be always with you.

People: And also with you.

The people greet one another with a loving sign of God's peace and gratitude to be joined together in community.

ANNOUNCEMENTS

THE HOLY COMMUNION

THE OFFERTORY

OFFERTORY SENTENCE:

Walk in love as Christ loved us and gave himself a gift and sacrifice to God.

At the offertory, we gratefully offer back to God some of what God has given us, symbolically in the bread and wine, and in the money we give. An offering is received to support the St. Andrew's ministry of making Kindness Loud, and sharing God's love in many forms. You are invited to make a gift, which the priest will bless and offer to God. You can make a gift as the plate is passed, by scanning the QR code, or donating online at StAndrewshanover.org.

ANTHEM AT THE OFFERTORY *Yield Not to Temptation* (LEVAS 170)

1. Yield not to temp - ta - tion, For yield - ing is sin; _____
2. Shun e - vil com - pan - ions, Bad lan - guage dis - dain; _____
3. To him that o'er - com - eth, God giv - eth a crown; _____

1. Each vic - t'ry will help you, Some o - ther to win; _____
2. God's name hold in rev - 'rence, Nor take it in vain; _____
3. Through faith we will con - quer, Though oft - en cast down; _____

1. Fight, still pres - sing on - ward, Dark pas - sions sub - due; _____
2. Be thought - ful and ear - nest, Kind - heart - ed and true; _____
3. He who is our sav - ior, Our strength will re - new; _____

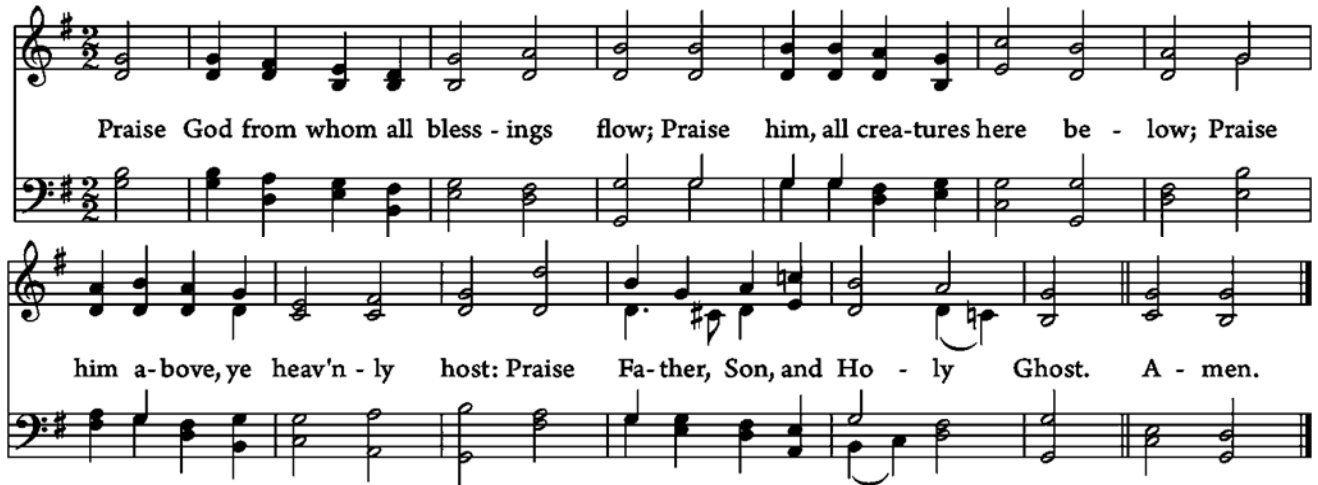
Look ev - er to Je - sus, He will car - ry you through. _____

Ask the sav - ior to help you, Com - fort, strength - en and keep you;

He is will - ing to aid you, He will car - ry you through. _____

Children present the donations for the Hanover Food Pantry.
The ushers will bring the gifts forward.

DOXOLOGY



Praise God from whom all bless - ings flow; Praise him, all crea-tures here be - low; Praise
him a-bove, ye heav'n - ly host: Praise Fa-ther, Son, and Ho - ly Ghost. A - men.

In the Great Thanksgiving, we do what Jesus himself asked us to do: thank God and recall all that God has done for us in the life, death, and resurrection of Christ. The Great Thanksgiving, or Eucharistic Prayer, is a long prayer with four parts. Each of these four parts corresponds to a different action of Jesus at the last Supper, where he took, blessed, broke and gave bread and wine as sacraments of his body and blood. We begin the Great Thanksgiving with the Sursum corda, meaning "Lift up your hearts."

THE GREAT THANKSGIVING

Celebrant: The Lord be with you.

People: And also with you.

Celebrant: Lift up your hearts.

People: We lift them to the Lord.

Celebrant: Let us give thanks to the Lord our God.

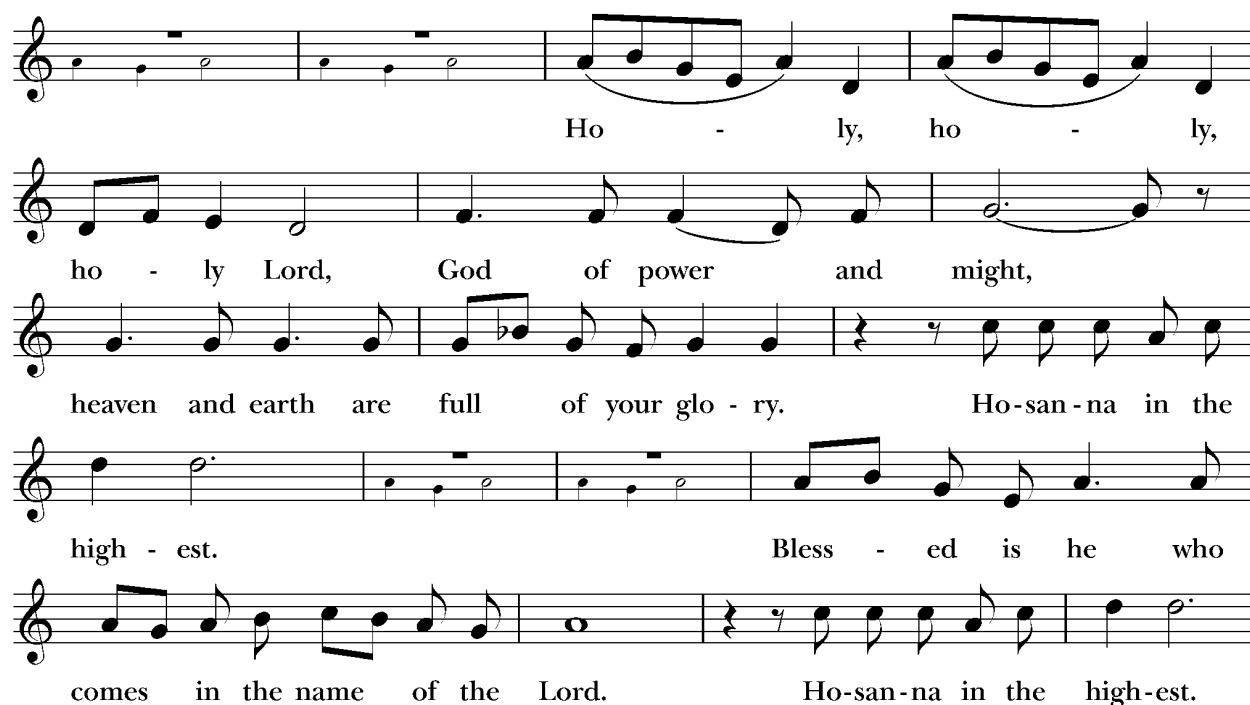
People: It is right to give him thanks and praise.

It is right, and a good and joyful thing, always and everywhere to give thanks to you, God Almighty, Creator of heaven and earth.

Through Jesus Christ our Lord; who was tempted in every way as we are, yet did not sin. By his grace we are able to triumph over every evil, and to live no longer for ourselves alone, but for him who died for us and rose again.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

Holy, holy, holy (Mathias) (S128)



Ho - ly, ho - ly,
ho - ly Lord, God of power and might,
heaven and earth are full of your glo - ry. Ho-san-na in the
high - est. Bless - ed is he who
comes in the name of the Lord. Ho-san-na in the high-est.

We recall God's acts of salvation history. The priest says the "Words of Institution" that Jesus said at the last Supper. At the memorial Acclamation we remember Christ's death, resurrection, and promise to return at the end of the age. During the prayer, the Holy Spirit is invoked to bless and sanctify the gifts of bread and wine.

Holy and gracious God: In your infinite love you made us for yourself; and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all.

He stretched out his arms upon the cross, and offered himself in obedience to your will, a perfect sacrifice for the whole world.

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of faith:

Christ has died.

Christ is risen.

Christ will come again.

We celebrate the memorial of our redemption, O God, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts.

Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom.

All this we ask through your Son Jesus Christ. By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. **AMEN.**

We pray together the prayer that Jesus taught his disciples to pray. The link between our daily bread and the spiritual food we receive in the Eucharist is an ancient connection.

THE LORD'S PRAYER

And now, as our Savior Christ has taught us, we are bold to pray,

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, forever and ever. Amen.

THE BREAKING OF THE BREAD

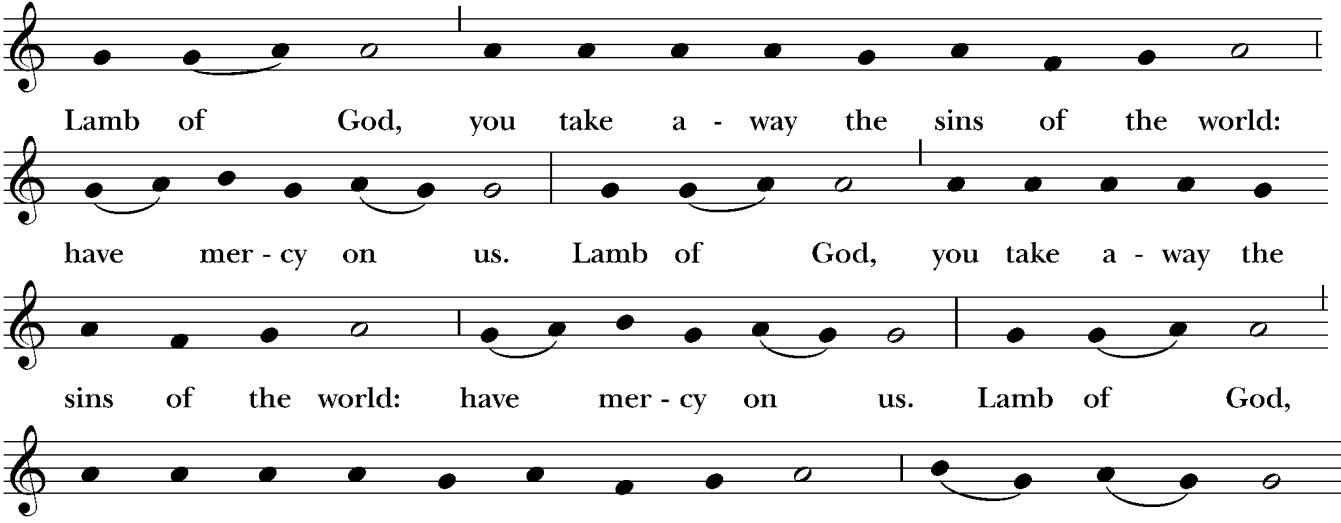
The priest breaks the bread in silence.

Celebrant: Christ our Passover is sacrificed for us.

People: Therefore, let us keep the feast.

FRACTION

Lamb of God (ChantMartens) (S160)



Lamb of God, you take a - way the sins of the world:
have mer - cy on us. Lamb of God, you take a - way the
sins of the world: have mer - cy on us. Lamb of God,
you take a - way the sins of the world: grant us peace.

THE INVITATION TO HOLY COMMUNION

Celebrant: The gifts of God for the people of God. Take them in remembrance that Christ died for you, and feed on God in your hearts by faith, with thanksgiving.

COMMUNION

The homemade Communion bread is gluten free.

SILENT REFLECTION

After Communion we observe a few moments of silence to reflect and give God thanks.

POST-COMMUNION PRAYER

Let us pray together,

Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen+

BLESSING

The peace of God, which passes all understanding, keep your hearts and minds in the knowledge and love of God and Jesus the Christ. The blessing of God, Creator, Redeemer and Sustainer be with you and remain with you always. **Amen+**

RECESSIONAL HYMN*Go forward, Christian soldier (Lancashire) (H 563)*

Go for-ward, Chris-tian sol - dier, be - neath his ban - ner true:
 Go for-ward, Chris-tian sol - dier, fear not the se - cret foe;
 Go for-ward, Chris-tian sol - dier, nor dream of peace - ful rest,
 Go for-ward, Chris-tian sol - dier, fear not the gath - ering night:

the Lord him - self, thy Lead - er, shall all thy foes sub - due.
 far more o'er thee are watch - ing than hu - man eyes can know:
 till Sa - tan's host is van - quished and heaven is all pos - sessed;
 the Lord has been thy shel - ter; the Lord will be thy light.

His love fore - tells thy tri - als; he knows thine hour - ly need;
 trust on - ly Christ, thy Cap - tain; cease not to watch and pray;
 till Christ him - self shall call thee to lay thine ar - mor by,
 When morn his face re - veal - eth thy dan - gers all are past:

he can with bread of hea - ven thy faint - ing spi - rit feed.
 heed not the treach - erous voic - es that lure thy soul a - stray.
 and wear in end - less glo - ry the crown of vic - to - ry.
 O pray that faith and vir - tue may keep thee to the last!

DISMISSAL

As we follow the cross, we are sent into the world with a renewed commitment to loving God and neighbor.

Celebrant: Let us bless the Lord.

People: **Thanks be to God.**

OUR PRAYER AND SACRAMENTAL LIFE

PRAYER LIST

Those in need: Aiden – Nancy Guthrie and The Guthrie Family – Joyce – Eileen K – Patricia – Audrey MacDonald and the MacDonald family – Carol Ann – Link Family -- Stern Family -- Ben – Prescott and Mansfield families – Alec – Ann Ferzoco – Ellen Elliott -- Meredith C -- Greg Eaton – Nicol Family – John – Arlene Watkins – Tracy Sprows – Dennis – Lee G – Don S – Pam E – Jan B – Leah – Katrina & Darren – Paul Nicol – Mark D – Art J – Matthew – Thomas & Gloria – Susannah L -- David – Paula – Bill – David H – Sharon M – Greyson – Rosie & Silva Family – Haley – Sarah – Valerie – Dennis -- Those who have died: Benjamin Tappa – Tiffany Gloria Malloy – Barbara and John Meschino – Wang Suk Choi

O God, the strength of the weak and the comfort of sufferers, mercifully accept our prayers, and grant to these your servants the help of your power, that their sickness may be turned into health, and our sorrow into joy; through Jesus Christ our Lord. Amen.

OUR YOUTH



SHORE TO SHORE – HIGH SCHOOL YOUTH GROUP

Shore to Shore will next meet at 5:00–6:30 pm on Sunday, March 8.

We are in the midst of intense fundraising for Shore to Shore. The cost for education materials, gatherings, retreats and \$6,000 per teen. If you have relationships or connections that might enhance our fundraising, please let Rev'd Amy know. Sharing those relationships and invitations will be part of what makes the inaugural two-year program cycle for Shore to Shore a success!

CHILDREN'S CHAPEL

Children's Chapel meets every Sunday in the Parish Hall. Children of all ages are welcome, and parents are warmly invited to have some of their own sacred time in the sanctuary with other grown ups. Children will re-join you and the service during announcements.

PARISH COMMUNITY

ANNUAL MEETING – MARK YOUR CALENDARS

St. Andrew's Annual meeting will be after church on Sunday, March 1, 2026.

We will take our parish community photo, enjoy great food, a blessedly brief business meeting with a summary of our finances and our priorities for the year to come. We will also recognize our members who have joined us since we last met. Most notably, we will celebrate and honor the members of our Vestry whose official service will conclude at this year's meeting, and we will welcome our newest members.

Annual meeting is a shared milestone, is joyful and at THIS Annual meeting we will officially kick off our 300th anniversary celebrations! Please mark your calendars and plan to join us. See Janet Keane to sign-up to help provide the food at the annual meeting.

STEWARDSHIP GIVING TREE

We are grateful for all of the leaves on the "Giving Tree" in the sanctuary. Each one represents a person/family who has pledged their time, talent, and treasure to St. Andrew's. Their generosity contributes to our community's future, our work together to be the model of God in the world, and our loving holding of each other during our times of need.

PLEDGE ENVELOPES

If you prefer to give your pledge (weekly, monthly, other) in a pledge envelope with your name and pledge number, please let Joanne know by email (office@standrewshanover.org) or by phone (781-826-2062) and we will make a set of pledge envelopes for you.

OUR OUTREACH EFFORTS

HANOVER FOOD PANTRY

St. Andrew's collects items for the Hanover Food Pantry. Thank you for your support with your donations. Please drop them off in the narthex. For the month of January, the requested items are large/family size bags of chips (various flavors and types).

CALENDAR AND LENT SERVICES AND PROGRAMS

Every Wednesday Morning, 7 a.m. by Zoom (link on calendar on website)

Coffee and Current Events gathering – a place to gather with friends to contemplate the state of the world and the challenges of being part of it. No agenda – come as you are.

Sunday, March 1 after 9:30 a.m. service

Annual Meeting

Sunday, March 8, 5:00–6:30 p.m.

Shore to Shore High School Youth Group

Wednesdays in Lent; 6:00–7:30 pm beginning 2/25/26

This Lenten season, South Shore Episcopal churches invite the community to Even at the Grave: Being Hopeful, Prepared, and Faithful, a five-week retreat series combining presentation, discussion and spiritual reflection on topics addressing end-of-life, loss, and legacy. We will meet at one of three Episcopal churches each Wednesday from 6:00–7:30 pm. Everyone is welcome!

Wednesday, February 25, 2026

Being Mortal: Naming Our Priorities and Our Hope

Hosted by: St. Andrew's Episcopal Church; 17 Church Street, Hanover, MA

Wednesday, March 4, 2026

Being Human: Grief, Loss, and Love

Hosted by: St. Luke's Episcopal Church; 465 First Parish Road, Scituate, MA

Wednesday, March 11, 2026

Being Cared For: Hospice, Palliative Care, and Sacred Presence

Hosted by: Trinity Episcopal Church; 229 Highland Street, Marshfield Hills, MA

Wednesday, March 18, 2026

Being Prepared: Decisions, Funeral Homes, and Practical Planning

Hosted by: St. Luke's Episcopal Church; 465 First Parish Road, Scituate, MA

Wednesday, March 25, 2026

Being Faithful: Getting Our Affairs in Order as an Act of Love

Hosted by: St. Andrew's Episcopal Church; 17 Church Street, Hanover, MA

Coffee with Your Priest

Part of Rev'd Amy's Lenten Discipline is meeting parishioners for coffee during the 40 days of Lent. Small groups or one on one – she'll meet you at your favorite coffee shop for coffee talk. Casual. Her treat.

Holy Week: March 29 – April 5

Watch for information in "The Call" and at www.standrewshanover.org.

LENT 2026

Lenten Discipline

As we enter into a holy Lent, we ask for God's guidance to draw our hearts and minds closer to God's intentions for us. We set aside these forty days for self-examination, scripture study and preparation for Jesus' journey to Jerusalem and the cross.

As we set off on this journey of forty days and forty nights, we are invited as Christians to observe a holy lent, one that is designed to draw us closer to Christ. Here are FIFTY ideas for your consideration. May these offer a jumping off point for your own Lenten Plan. These are in no particular order and are not prescriptions, but rather suggestions. If one of these options sparks your interest, or you think would be a challenge, give it a try, and thank God for the opportunity and the invitation to embark on an observant Lenten Season.

A prayer for your Lenten Discipline Discernment:

Gracious and loving God, as I enter this holy season, I ask that you quell the distraction and noise that keeps me from knowing of your constant presence. Illuminate those things that create distance between us and draw me more deeply into your presence and love.

If I am to fast, help me eliminate what dulls my compassion. If I am to pray differently, let this new approach open me to the Holy Spirit. If I am to give, tithe or offer alms in a new way, may this practice enhance my joy.

Give me courage, dear God to try a discipline that offers transformation and is not performative. Let it not be burdensome or reflective of fear, but a demonstration of my trust and faith in you. Embolden me in my choices and steady me in my conviction so that I may experience the penitential season of Lent in a way that draws me closer to the path you intend for me to take. Amen+

Lenten Discipline List 2026

1. Shake up your sleep routine (start earlier, wake later, start later, wake earlier)
2. Join a book group (Episcopal City Mission's Lenten book group at EpiscopalCityMission.org)
3. Play Lent Madness – learn about the saints, and pick your bracket for the Golden Halo
4. Learn something new – spend time in the next 40 days learning a new skill, a new study or a new habit
5. Empty a junk drawer and make room for the Holy Spirit
6. Give one thing away every day of Lent
7. Take a photo of something beautiful each day
8. Write down something that surprised you during the day
9. Memorize a psalm or a prayer
10. Study a map (learn the geography of a state or country about which you know little)
11. Create a sabbath meal including prayers and grace (see reverse page)
12. Build a walking routine into your Lenten practice
13. Make anonymous gifts to a neighbor or friend
14. Try a new recipe
15. Call a friend out of the blue
16. Create a tech sabbath – no screens for a set number of minutes/hours/day

17. Eliminate a food from your diet for 40 days
18. Shake up your prayer life – try a new way to pray
 - a. Lectio Divina
 - b. Grace at meals
 - c. Pray the Daily Office
 - d. Incorporate Forward Day by Day in your routine (regular and large print versions are available at church)
 - e. Write down your prayer requests, pray them and share them at church so they are included in the prayers of the people
 - f. Pray for your enemies in secret
19. Write a letter to someone you miss
20. Adopt a plant or create a starter seed to transplant in the Spring
21. Go to the gym
22. Wash your windows, offering a prayer of gratitude while you clean
23. Try a new vegetable
24. Research and support a non-profit doing work about which you care
25. Sign up to be a trained volunteer for your local library, or non-profit group of your choosing
26. Attend a learning seminar on-line
27. Learn about the Episcopal Saints – or choose one and do a deep dive
28. Join a prison ministry
29. Go to a museum
30. Become a St. Andrew's greeter or usher
31. Read Sunday's Lectionary passages on Wednesday in the Call
32. Discover [LectionaryPage.net](https://lectionarypage.net/) and read the Daily Lenten Readings:
<https://lectionarypage.net/>
33. Offer kind words to a stranger
34. Read a book
35. Laugh – authentically – once a day
36. Write to your childhood self, and sign it from Jesus
37. Write a note of gratitude for a grieving friend
38. Quit one social media platform
39. Learn and engage in one social media platform
40. Participate in the Wednesday Lenten Series, "Even at the Grave; Being hopeful, prepared and faithful"
41. Shop at an Independent Bookstore
42. Light a candle and meditate for 2 minutes
43. Watch the birds/watch the clouds/watch passersby
44. Learn and practice the Chatham House Rule
45. Take a friend to the movies
46. Plan your funeral service (counsel available!)
47. See a comedy show or live performance of any kind
48. Subscribe to a magazine and read the articles
49. Watch a mid-week church service on-line
50. Become a patron or sponsor

Sabbath Dinner Menu For Lent 2026

This is an outline that invites you to have family or friends gathered for a weekly holy meal. Tailor your sabbath meal to yourself and your table. As a gathered group, sharing food and being mindful of God and each other, you are reenacting the ancient tradition passed to us by Jesus and the prophets.

Questions to consider during the meal (each person may be encouraged to offer their own responses):

- What was a highlight of this day for you and why?
- Were you surprised by anything today?
- What was the kindest thing that someone did for you today? Who was kind, and how did you feel about it?
- What is the most thoughtful thing that you did for someone today? How was your kindness received? How did you feel about that?
- Was there anything that you wish you could re-do this week? What would a redo look like and what would you hope to accomplish?
- What are you looking forward to in the coming days?

When it is time to clear the table or the meal is finished – a closing blessing might reflect some of the highlights or insights that have been shared throughout. Give thanks for each of the people who are at your table. Pray in thanksgiving for each participant by name. As you extinguish the candles you might conclude with:

“And now Lord, as we have been nourished and have offered our prayers and thanksgiving with our conversation, be with us and help us to be mindful of your love, and of your expectation that we share our belovedness with others. All this we are bold to pray, Amen+”

You could also close with the Lord’s prayer, or a prayer for the evening from the New Zealand Book of Common Prayer. (<https://anglicanprayerbook.nz/167.html>)

Lord,
it is night.
The night is for stillness.
Let us be still in the presence of God.
It is night after a long day.
What has been done has been done;
what has not been done has not been
done;
let it be.
The night is dark.
Let our fears of the darkness of the world
and of our own lives
rest in you.
The night is quiet.
Let the quietness of your peace enfold us,
all dear to us,
and all who have no peace.
The night heralds the dawn.
Let us look expectantly to a new day,
new joys,
new possibilities.
In your name we pray.
Amen.

Other evening prayers:
The setting sun now dies away,
and darkness comes at close of day;
your brightest beams, dear Lord, impart,
and let them shine within our heart.

We praise your name with joy this night.
Please watch and guide us till the light;
Joining the music of the blest,
Oh lord, we sing ourselves to rest

To God the Father, God the Son,
And Holy Spirit, Three in One,
Trinity blest, whom we adore,
Be praise and glory evermore.

St. Andrew's Episcopal Church

Centered in God, Focused on Others

17 Church Street, Hanover, MA 02339
(781) 826-2062 • www.standrewshanover.org

The Rev. Amy Whitcomb Slemmer, Esq.
Linda Gelinis, Warden
Sean Glennon, Music Director

Joanne Bibeau, Administrative Assistant
Jesse Avellino, Sexton
Courtney Hill, Sunday School Director

Crucifer: Cheri Dauphinee
Gospeler: Chuck Fiorentino
Torch Bearer: Jen Mitchell
Audio/Visual: Stephen Ryerson

This Morning:

Lay Readers: Elise McKee and
Steve Boutin
Chalice Bearers: Steve Boutin and
Cheri Dauphinee

Vestry Officers & Members: Linda Gelinis, Senior Warden; Michelle Joyce, Treasurer;
Chuck Rogers, Secretary; Susan Scopelleti; Janet Keane; Elise McKee; Gordon O'Reilly;
Suzanne Bunszel

Contact Information:

For all of our latest news, check out:
our website www.standrewshanover.org; or
our facebook page <https://www.facebook.com/standrewshanover>;
or our youtube channel <https://www.youtube.com/@saintandrewshanoverma/>

Rev. Amy's email address is RevAmy@standrewshanover.org and
pastoral phone is 781-422-4112.
Joanne Bibeau's email address is office@standrewshanover.org and
the office phone is 781-826-2062.

If weather impacts Sunday services or scheduled programs: watch channels 4 (wbz), 5 (wcvb) or 7 (whdh) and/or checkout their websites for cancellation news.

RECURRING EVENTS:

Sundays: 9:30am service, Choir practice 8:45 a.m., Sunday School/Children's Chapel
Office Hours: Tuesday & Wednesday: 9:30 a.m. to 4:30 p.m.; Thursday: 12:00 to 7:00 p.m.
Mondays: Rector's Sabbath
Every Wednesday Morning, 7 a.m. by Zoom (link on calendar on website):
Coffee and Current Events gathering

online giving link:

